

# Spitalfields Crypt Trust

putting lives back together since 1965

**2012**  
Impact Report

## **SCT:** from a sleeping bag to a great job

**SCT has worked in East London since 1965 and offers a range of high-quality support, rehabilitation and training services to people facing the challenges of homelessness, addiction, poverty or social isolation.**



SCT: Moving on. Former Acorn House residents at a recent wedding.

## **WHAT WE DO...**

### **Drop-in Centre**

*We provide advice and practical help at our Drop-in Centre*

Often the first point of call, our drop-in centre offers advice, sandwiches, a cup of tea, a listening ear, a place to clean up and get a haircut, and during winter we provide clothing, toiletries and canned goods to our service users.

### **Acorn House**

*We help clients achieve long-term abstinence through our Recovery Support Centre (Acorn House)*

Our 16-bed hostel is specifically designed to meet the needs of people with drug and alcohol problems. The average length of stay is 6 months and residents are provided with support and both group and individual therapy as they make the transition to an addiction-free lifestyle.

### **YourTime**

*We provide employment and training to help people move on*

Those who have struggled with homelessness and addiction often find it difficult to get employment even after they have fully recovered.

Our back-to-work 'social enterprise', called YourTime, offers people the opportunity to build up their CVs and work experience in a supportive, encouraging environment through painting & decorating and in our new cafe bookshop.

### **Moving On**

*We provide opportunities to continue rehabilitation and ongoing recovery at our Third-Stage Supported Houses (Bridge House, Oak House, Bryce House & Rourke House)*

Once residents are ready to move on from Acorn House, they have the option of continuing their recovery in an environment that offers them more independence, but that also provides them with support when they need it.

### **New Hanbury Centre**

*We provide training and support to help people develop self esteem, encourage independence and increase employability at our Personal Development and Training Centre (New Hanbury Project)*

An important step in the recovery process is having the chance to develop new skills and rebuild self-confidence. The NHP offers a wide range of course to develop life skills and increase employability.

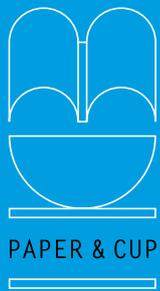
### **Choices 4U**

*Relapse Prevention and Social Support*

We provide a safe place where people in recovery can meet every week over a hot meal with like-minded and supportive friends. The evening starts with a support group, led by an experienced group worker.



# 2012



## Paper and Cup – Calvert Avenue

Serving coffee and cupcakes in the heart of Shoreditch!



...11 new barista trainees



## A Great Year for SCT!

We have opened...

- Two new 'move-on' houses
- A new charity shop in Whitechapel
- A new café-book shop in Shoreditch
- Restoration Station – our woodwork and upholstery social enterprise
- 100+ students have attended the NHP where we offer 24 different courses every week.
- HRH The Duchess of Cornwall visited the NHP gardening project.
- Up to 140 visitors a week to our drop-in.
- July saw the first ever SCT Community Day supported by over 500 friends, staff members, service users, funders and local people.
- Acorn House is running at 95% occupancy.



## SCT Finances at a glance

We at SCT really value the great support we receive from trusts and foundations, individuals, corporate supporters, legacies and community organisations.

**Income**  
**£1,735,486**

**Expenditure**  
**£1,661,308**



For every £1 you give c.76p goes straight to help isolated and vulnerable people

(based only on fundraising income and expenditure)