

# Training and Development Centre

CLASS SCHEDULE // TERM 3 // 1 JULY—13 SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Elasko</u></b> A fitness class based in Paragon Gym. 9.15 - 10 am</p>	<p><b><u>Working with Wood</u></b> Taster Session Carpentry class, 10 am - 12 pm</p>	<p><b><u>Art</u></b> Taster Session Get Creative, 10 am -12 pm</p>	<p><b><u>Literacy 1 to 1</u></b> One to one sessions 10 -11 am 11.15 am -12.15 pm</p>	<p><b><u>SCT and beyond</u></b> Progression drop-in, 10 am -12 pm</p>
<p><b><u>Working with Wood</u></b> Carpentry class, 10 am - 12 pm</p>	<p><b><u>Computing</u></b> Taster session IT class, 10 am -12 pm</p>	<p><b><u>Gardening</u></b> Taster session Back to nature, 10 am - 12 pm</p>	<p><b><u>Gardening</u></b> Love outdoors, 10 am -12 pm</p>	
<p><b><u>Computing</u></b> IT class, 10 am - 12 pm</p>				
<p><i>Closed 12 - 1 pm</i></p>	<p><i>Open for Lunch 12 - 1 pm</i></p>	<p><i>Closed 12 - 1 pm</i></p>	<p><i>Open for Lunch 12 - 1 m</i></p>	<p><i>Open for Lunch 12 - 1 pm</i></p>
<p><b><u>Working with Wood</u></b> Carpentry class, 1.30 pm-3.30 pm</p>	<p><b><u>Working with Wood</u></b> Carpentry class, 1.30 pm-3.30 pm</p>	<p><b><u>Art</u></b> Get Creative, 1.30 pm-3.30 pm</p>	<p><b><u>Art</u></b> Get Creative, 1.30 pm-3.30 pm</p>	<p><b><u>Choices</u></b> 3 pm - 8 pm Social, fun, recovery, community</p>
<p><b><u>Computing</u></b> I.T class, 1.30 pm-3.30 pm</p>	<p><b><u>Computing</u></b> IT class, 1.30 pm-3.30 pm</p>	<p><b><u>Gardening</u></b> Back to nature, 1.30 pm- 3.30 pm</p>	<p><b><u>Gardening</u></b> Back to nature, 1.30 pm-3.30 pm</p>	
	<p><b><u>Creative Writing</u></b> Stories, poetry etc. 1.30pm-3.30pm</p>	<p><b><u>Cooking</u></b> Basics and beyond 2 - 4.30 pm</p>	<p><b><u>Intro to Volunteering</u></b> Opportunities at our charity shops, 2 - 4 pm</p>	
		<p><b><u>Drama</u></b> To be or not to be, 1.30 pm - 3.30 pm</p>	<p><b><u>Literacy 1 to 1</u></b> One to one sessions 1 - 2 pm 2.15 - 3.15 pm 3.30 - 4.30 pm</p>	
		<p><b><u>Boxing</u></b> Boxing in Paragon Gym, 3 - 4 pm</p>		
		<p><b><u>Choices</u></b> 3.30pm - 8 pm Social, fun, recovery, community</p>		

SCT Hub

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