

Training and Development Centre

CLASS SCHEDULE | TERM 1 | 6 JAN —13 MAR

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Elasko</u> A fitness class in Paragon Gym, 9:15 am — 10 am	<u>Working with Wood</u> Carpentry class, 10 am — 12 pm	<u>Art</u> <i>Taster Session</i> Get Creative, 10 am —12 pm	<u>Literacy class</u> Creative Literacy, 10 am—12 pm	
<u>Working with Wood</u> Carpentry class, 10 am —12 pm	<u>Computing</u> IT class, 10 am -12 pm	<u>Gardening</u> Love outdoors, 10 am—12 pm	<u>Gardening</u> Love outdoors, 10 am —12 pm	
<u>Computing</u> IT class, 10 am — 12 pm			<u>Cooking</u> Hosted by Breakfast Club, 10am—12 pm	
Closed 12 — 1 pm	Open for Lunch 12 —1 pm	Closed 12 — 1 pm	Open for Lunch 12 —1 m	Open for Lunch 12 —1 pm
<u>Working with Wood</u> Carpentry class, 1:30 —3:30	<u>Working with Wood</u> Carpentry class, 1:30—3:30	<u>Art</u> Get Creative, 1:30 pm—3:30	<u>Art</u> Get Creative, 1:30 pm—3:30	<u>Choices</u> Social, fun, recovery, community 3 pm - 8 pm
<u>Computing</u> I.T class, 1:30 pm—3:30 pm	<u>Computing</u> IT class, 1:30 — 3:30 pm	<u>Boxing</u> Boxing in Paragon Gym, 3—4pm	<u>Gardening</u> Back to nature, 1:30 pm- 3:30 pm	
	<u>Creative Writing</u> Stories, poetry etc. 1:30pm—3:30pm	<u>Gardening</u> Back to nature, 1:30 pm- 3:30 pm	<u>Literacy One-to-one</u> Private class, 1:30 pm—3:30pm	
		<u>Choices</u> Social, fun, recovery, community, 4 pm — 8 pm	<u>SCT Chaplain Drop-in</u> Chaplain drop-in sessions 1.30 — 4 pm	